



VIEWER'S GUIDE

EP.5: CRYSTAL

PRESENTED BY RA VISION MEDIA & KNOW YOUR RIGHTS CAMP

SECTION 1: Present-day Colin tells a story about Christoph Meiners, a racist defender of polygenesis —the now disproven theory that each “race” has separate and distinct origins— and scientific racism. Set aside 20 minutes to browse this [“Confronting Anti-Black Racism”](#) resource on scientific racism produced by Harvard University’s library system. What did you learn? How does scientific racism show up today in society? If you need some help getting started, check out this [short article](#) in *The Nation* that gives some concrete examples of scientific racism today.



SECTION 2: This episode powerfully explores the intersection of colorism and misogynoir.

“**Misogynoir** describes the anti-Black racist misogyny that Black women experience.” -[Moya Bailey & Trudy](#)

Colorism describes “prejudicial or preferential treatment of same-race people based solely on their color.” -[Alice Walker](#)

Check out this [short video](#) as part of *The Guardian’s* “Shades of Black” series where Black women talk about their experience of colorism in their relationships, careers and everyday life. What stands out to you most from this conversation? How are the individuals in this video challenging racist stereotypes associated with colorism and Eurocentric standards of beauty? What ways do you think colorism uniquely affects Black women? Does colorism show up in your life? How?

SECTION 3: Listen to the song “[Four Women](#)” (1966) by Nina Simone. How does it make you feel? How does it connect to some of the themes explored in this episode? What does it say about the complexity of Blackness and the beauty and power of Black women?



Photo credit: David D. Spitzer, 1977